

Concord Senior Center Week September 9-13

Monday 9 -10:30 Garden Club -Lecture on Owls-Open to the Public

1100:-Stay Fit exercises

12:00-Stay Fit Lunch

1:00-Cooking for One Or Two-presented by Blue Cross

Tuesday 10-9:00-Home Bureau

9:15- Yoga

10:00-Blue Cross Rep here

11:00-Stay Fit exercises

12:00-Stay Fit Lunch

1:00-Brainstormers Skit Group

1:45-Womans Club

Wednesday-11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

12:00-2:00-Erie County Clerk On The Go

1:00-Marions 103 birthday Celebration

1:30-Senior Club Meeting

Thursday - -9:30-Stitches Quilt Club

10:00-United Health Care Rep here

11:00-Stay Fit Exercises

12:00-Stay fit Lunch

12:30-Euchre Card Group

Friday-9:30-Paint w/Carolyn

11:00-Exercises

12:00-Stay Fit lunch

If you are in need of or know anyone that needs any Senior Service- Your Concord Senior is here to help-Next AARP Defensive Driving Class is September 30-Lots coming in the Fall--We will be having Cooking For one or two on Sept 9 @ 1pm -learn who to cook for one or two now that

your family has downsized--Erie County Clerk will be here September 11 for Clerk On The Go -to help you get your enchanted driver's license -Also on September 11- We will be celebrating a 103rd birthday@ 1:30-So stop in-On Tuesday 17 we will be having a talk on Hospice-everything & anything you want to know about Hospice- Route 66 will be starting with new rules on Sept 24-. No first place-just drawings for prizes-The Brainstormers will be doing a skit called DETAILS on Tuesday Sept 10 @ 1pm-a real amusing time-Painting w/Carolyn is here Friday Sept 13-paint a fall picture-We are trying to have lunch on Wednesdays-TRIAL RUN-So sign up—The Garden Club will be having a lecture on OWLS on Monday Sept 9@ 10:30 -All invited-- Questions or answers-592-2764-email-concord2017sc@gmail.com