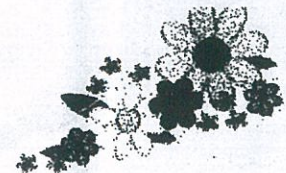


# Erie County Stay Fit Dining Program

## Standard Menu

April 2021



June

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="font-size: 2em; color: pink;">★</p> <p style="font-size: 1.5em;">Concord Center</p> <p style="color: purple;">#3.00 MEALS</p>	<p style="font-size: 1.5em;">Senior</p>	<p style="font-weight: bold;">31 Easter Celebration</p> <p>Chicken Cordon Bleu with Herb Cream Sauce Rice Pilaf Orange-glazed Carrots Chef Salad with Dressing Dinner Roll Coconut Cream Pie (1146)</p>	<p style="font-size: 2em; color: pink;">1</p> <p style="font-size: 2em; color: pink;">SAMPLE MENU</p>	<p style="font-weight: bold;">2 No Meals Served</p>
<p style="font-weight: bold;">5 Dnyngus Day Lunch</p> <p>Polish Sausage with Sauerkraut &amp; Mustard on a Bun Mashed Potatoes Carrots Beet &amp; Onion Salad Chocolate Éclair (939)</p>	<p style="font-weight: bold;">Entrée Salad</p> <p>Julienne Salad with Classique Dressing Wheat Dinner Roll Fruit Cocktail (620)</p>	<p style="font-size: 2em;">8</p> <p>Boneless Chicken Breast with Marsala Sauce Rice Pilaf California Vegetable Medley Fruit Punch Chocolate Chip Cookies (680)</p>	<p style="font-size: 2em;">8</p> <p>Tortellini with Meatsauce Chef Salad with Dressing Italian Mixed Vegetables Italian Bread Fresh Orange Chocolate Milk (704)</p>	<p style="font-size: 2em;">9</p> <p>Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Dinner Roll Strawberry Bavarian (795)</p>
<p style="font-size: 2em;">12</p> <p>Turkey with Gravy &amp; Cranberry Sauce Mashed Potatoes Carrots Whole Wheat Dinner Roll Lorna Doones (657)</p>	<p style="font-size: 2em;">13</p> <p>Beef Pepper Steak over Rice Broccoli Waxed Beans with Carrot Butterscotch Pudding (645) Chef Salad</p>	<p style="font-size: 2em;">14</p> <p>Penne Pasta with Meatballs, Tomato Sauce &amp; Mozzarella Cheese Country Cottage Mixed Vegetables Pineapple Juice Chef Salad with Dressing Ambrosia (837)</p>	<p style="font-size: 2em;">15</p> <p>Roast Pork Loin with Cranberry Chutney Sweet Potatoes Green Beans Whole Wheat Bread Chunky Cinnamon Applesauce Chocolate Milk (746)</p>	<p style="font-size: 2em;">16</p> <p>Beer Battered Fish with Tartar Sauce Au Gratin Potatoes Zucchini &amp; Stewed Tomatoes Rye Bread Brownie Coleslaw (830)</p>
<p style="font-size: 2em;">19</p> <p>Ice Cream Beef Bourguignon over Brown Rice Cauliflower French Bean Medley Oatmeal Raisin Cookies (796)</p>	<p style="font-size: 2em;">20</p> <p>Cucumber Salad Breaded Chicken Drumsticks Cheddar Mashed Potatoes Lima Bean Bake Multigrain Bread Tropical Fruit (797)</p>	<p style="background-color: pink; padding: 5px;">Call for reservations 592-2741</p>	<p style="font-size: 2em;">22</p> <p>Cake Chicken Pasta Primavera Broccoli &amp; Cauliflower Dinner Roll Fresh Banana Chocolate Milk (675)</p>	<p style="font-size: 2em;">23</p> <p>Ham Steak with Brown Sugar Glaze Cheesy Scalloped Potatoes Brussels Sprouts Whole Wheat Dinner Roll Pear Crisp (761)</p>
<p style="font-size: 2em;">26</p> <p>Salad Chicken Vegetable Casserole with a Biscuit Broccoli Fresh Apple Chocolate Milk (676)</p>	<p style="font-size: 2em;">27</p> <p>Hot Dog with Baked Beans &amp; Ketchup on a Bun Roasted Red Potatoes with Peppers Carrots Cinnamon Streusel Cake (843)</p>	<p style="font-weight: bold;">Entrée Salad</p> <p style="font-size: 2em;">28</p> <p>Chicken Caesar Salad with Caesar Dressing Whole Wheat Dinner Roll Pineapple (836)</p>	<p style="font-size: 2em;">29</p> <p>Lasagna Roll with Meatsauce California Vegetable Medley Grape Juice Chef Salad with Dressing Dinner Roll Lemon Bavarian (837)</p>	<p style="font-size: 2em;">30</p> <p>Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pearl Onions Wheat Bread Brownie (849)</p>