

County Stay Fit Dining Program

Standard Menu

October 2021



	Wednesday	Thursday	Friday
	6 Barfest Stew with Bread on a Bun Potato Salad Ice Cream Chocolate Éclair Apple & Onion (72)	7 Tortellini with Tomato Meat Sauce Seasoned Spinach Italian Mixed Vegetables Italian Bread Fresh Grapes Chocolate Milk (643)	8 Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Breakaway Roll Strawberry Bavarian (795)
	13 Meatballs Sauce & Cheese Apple Mixed Juices Apple (73)	14 Roast Pork Loin with Cranberry Chutney Sweet Potatoes Green Beans Whole Wheat Bread Chunky Cinnamon Applesauce Chocolate Milk (740)	15 Entrée Salad Cranberry Chicken Salad on a Bed of Fresh Salad Greens Club Crackers Brownie (708)
	20 Chicken (74)	21 Entrée Salad <i>New Menu Item</i> Mediterranean Chicken Salad Dinner Roll Fresh Banana Chocolate Milk (826)	22 Ham Steak with Brown Sugar Glaze Cheesy Scalloped Potatoes Brussels Sprouts Cornbread Pear Crisp (800)
	27 Bread with Apple Bread Apple (75)	28 Lasagna Roll with Meat Sauce California Mixed Vegetables Grape Juice Dinner Roll Lemon Bavarian (754)	29 Halloween Meal Breaded Chicken Drumsticks Cheesy Mashed Potatoes Peas with Pearl Onions Dinner Roll Coconut Cream Pie Marinated Beet & Onion Salad (1095)

For more information call 858-7639