





# Erie County Stay Fit Dining Program

## Standard Menu

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> Chicken Vegetable Casserole with a Biscuit Brussels Sprouts Fresh Banana (721)	<b>30</b> Hot Dog with Ketchup on a Bun Fresh Roasted Red Potatoes Seasoned Spinach Pineapple <i>Chocolate Milk</i> (799)	<b>1</b>	<b>2</b> Side Salad Lasagna Roll with Meatsauce California Mixed Vegetables Chef Salad with Dressing Dinner Roll Lemon Bavarian (751)	<b>3</b> Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pear Onions Wheat Bread Brownie (849)
<b>6</b> Cheese Omelet with Creole Sauce Cheesy Diced Potatoes Peas  Blueberry Muffin Fresh Orange <i>Chocolate Milk</i> (790)	<b>7</b> Side Salad Rigatoni with Italian Sausage & Tomato Sauce Broccoli Chef Salad with Dressing Dinner Roll Peach Bavarian (728)	<b>8 Mother's Day Lunch</b> Boneless Chicken Breast with Stuffing & Lemon Pepper Gravy Scalloped Potatoes California Mixed Vegetables Chocolate Cream Pie (938)	<b>9</b> Breaded Pork Chop with Gravy Lazy Pierogi Carrots Dinner Roll Apple Crisp (840)	<b>10 ENTRÉE SALAD</b> Julienne Salad with Dressing Whole Wheat Bread Butterscotch Pudding (670)
<b>13</b> Breaded Chicken Drumsticks Fresh Roasted Red Potatoes French Bean Medley Dinner Roll Fresh Apple (734)	<b>14</b> Side Salad Stuffed Shells with Tomato Meatsauce & Shredded Mozzarella Cauliflower Chef Salad with Dressing Italian Bread Italian Cookies (782)	<b>15</b> 592-2741 Reservations	<b>16</b> Herb Crusted Tilapia Zucchini with Diced Tomato Orange Juice Broccoli Cheese Rice Casserole Raspberry Sherbet (746)	<b>17 Soup &amp; Sandwich</b> Shredded Roast Beef with Gravy & Horseradish Pkt. on a Roll  Navy Bean Soup Mixed Vegetables Strawberry Gelatin with Fruit (779)
<b>20</b> Beef Stew Brussels Sprouts Biscuit Rice Pudding (609)	<b>21</b> Turkey Breast with Gravy & Cranberry Sauce Mashed Potatoes Green Bean Casserole Whole Wheat Bread Strawberry Bavarian (614)	<b>22</b>	<b>23 Memorial Day Lunch</b> BBQ Chicken Quarter Potato Salad California Mixed Vegetables Dinner Roll Apple Pie 	<b>24</b> Stuffed Pepper with Tomato Meatsauce Mashed Potatoes Broccoli Italian Bread Fruit Compote (627)
<b>27 No Meals Served</b>  <small>REMEMBER THOSE WHO SERVED</small> <small>ALL GAVE SOME, SOME GAVE ALL</small>	<b>28</b> Polynesian Chicken over White Rice California Blend Vegetables Summer Squash with Red Pepper Mandarin Oranges (603)	<b>29</b>	<b>30</b> Sloppy Joe on a Wheat Hamburger Bun Fresh Roasted Red Potatoes Broccoli Fresh Melon  <i>Chocolate Milk</i>	<b>31</b> Beer Battered Fish with Tartar Sauce German Potato Salad Mixed Vegetables Cornbread Ambrosia (739)