



SPRING

Erie County Stay Fit Dining Program
STANDARD
MARCH 2020



SPRING

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Rotini & Meatballs with Tomato Sauce & Mozzarella Cheese Cauliflower Seasoned Spinach Fruit Cocktail (701)</p>	<p>3</p> <p>Breaded Chicken Breast with Buffalo-style Sauce on a Bun Fiesta Corn Broccoli Fresh Orange <i>Chocolate Milk</i> (821)</p>	<p>4</p> <p>Beef Stew Mashed Potatoes Biscuit Chocolate Mousse (727)</p>	<p>5</p> <p>Roasted Turkey with Stuffing & Gravy Mashed Sweet Potatoes Peas Tapioca Pudding with Peaches Molded Cranberry Salad (799)</p>	<p>6 Lenten Meal Entree Salad</p> <p>Tuna Macaroni Salad on a Bed of Lettuce Whole Grain Crackers Frosted Spice Cake</p>
<p>9</p> <p>Turkey A la King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (742)</p>	<p>10 Entree Salad</p> <p>Julienne Salad Rye Bread Lemon Cake with Frosting (760)</p>	<p>11</p> <p>Roast Beef with Onion Gravy & Horseradish Sweet Potatoes Brussels Sprouts Whole Wheat Dinner Roll Fruited Gelatin (694)</p>	<p>12</p> <p>Breaded Boneless Chicken Breast with Tomato Sauce & Mozzarella Cheese over Pasta Wax Beans Chef Salad with Dressing Tropical Fruit <i>Chocolate Milk</i> (690)</p>	<p>13 Lenten Meal</p> <p>Baked Salmon with Pineapple Salsa Rice Pilaf Broccoli Cornbread Baked Pear Crisp (766)</p>
<p>16</p> <p>Italian Sausage with Peppers, Onions and Tomato Sauce on a Bun Roasted Red Potatoes Mixed Vegetables Pineapple (597)</p>	<p>17 St. Patrick's Day</p> <p>Corned Beef with Creamy Dill Cabbage Parslied Red Potatoes Carrots Deli Rye Bread Lime Sherbet (747)</p>	<p>18</p> <p>Boneless Chicken Breast with Lemon Herb Sauce Sweet Potatoes Peas Wheat Dinner Roll Peach Crisp (630)</p>	<p>19 Welcome Spring</p> <p>Cranberry Chicken Salad on a Bed of Lettuce Club Crackers Strawberry Shortcake with Whipped Topping (745)</p>	<p>20 Lenten Meal</p> <p>Vegetable Lasagna with Cream Sauce Italian Green Beans Cauliflower Dinner Roll Frosted Marble Cake (828)</p>
<p>23</p> <p>Pork Ribette with BBQ Sauce on a Bun Cheesy Mashed Potatoes Seasoned Mixed Greens Fruit Compote <i>Chocolate Milk</i> (884)</p>	<p>24</p> <p>Beef Stew Brussels Sprouts Biscuit Strawberry Bavarian (629)</p>	<p>25</p> <p>Cabbage Roll with Savory Meatsauce Garlic Mashed Potatoes Corn Rye Bread Lemon Cake with Lemon Frosting (854)</p>	<p>26</p> <p>Roast Turkey with Gravy Mashed Potatoes Peas and Carrots Breakaway Roll Lorna Doones Molded Cranberry Salad (754)</p>	<p>27 Lenten Meal</p> <p>Breaded Fish with Tartar Sauce on a Bun Macaroni and Cheese Italian Green Beans Mandarin Oranges Coleslaw (924)</p>
<p>30</p> <p>Cheese Ravioli with Tomato Meatsauce Peas Seasoned Summer Squash with Red Peppers Italian Bread Peaches (738)</p>	<p>31</p> <p>Roasted Chiavetta Quarter Chicken Brown Rice Pilaf Carrots Cauliflower Sugar Cookies (755)</p>	<p>April Fools' Day Entrée Salad</p> <p>Grilled Chicken Caesar Salad Whole Wheat Roll Key Lime Pie (1103)</p>	<p>2</p> <p>Roast Beef with Gravy & Horseradish Sweet Potatoes Savory Cabbage Rye Bread Frosted Cherry Cake (811)</p>	<p>3 Lenten Meal</p> <p>Cheese Omelet with Creole Sauce Cheesy Diced Potatoes Broccoli Muffin Tropical Fruit <i>Chocolate Milk</i> (741)</p>