

# Summer

## Erie County Stay Fit Dining Program Standard Menu June 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Rotini with Meatballs & Tomato Sauce Cauliflower Seasoned Spinach Fruit Cocktail (641)	<b>4</b> Breaded Chicken Breast with Buffalo-style Sauce on a Bun Fiesta Corn Broccoli Seasonal Fruit <i>Chocolate Milk</i> (821)	<b>5</b>	<b>6 ENTRÉE SALAD</b> Chicken Salad with Cranberries on a Bed of Lettuce with Tomatoes Whole Grain Crackers Chocolate Mousse (702)	<b>7</b> Roast Pork with Cinnamon Apples Mashed Potatoes Carrots Wheat Bread Frosted Spice Cake (713)
<b>10</b> Turkey a la King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (742)	<b>11</b> Baked Salmon with Pineapple Salsa Vegetable Rice Pilaf Broccoli Cornbread Baked Pear Crisp (854)	<b>RESERVATIONS</b> 592-2741	<b>13</b> Roast Beef with Onion Gravy & Horseradish Sweet Potatoes Brussels Sprouts Rye Bread Fruited Gelatin (651)	<b>Flag Day Meal</b> <b>14 ENTRÉE SALAD</b> Julienne Salad with Dressing Whole Wheat Roll Orange Sherbet (653)
<b>17 FATHERS DAY MEAL</b> Italian Sausage with Peppers, Onions & Tomato Sauce on a Bun Roasted Red Potatoes Mixed Vegetables Pineapple (667)	<b>18</b> Meatloaf with Gravy Mashed Potatoes Broccoli White Bread Vanilla Mousse (822)		<b>20</b> Veal Parmesan with Tomato Sauce Italian Green Beans Cauliflower Dinner Roll Frosted Marble Cake (824)	<b>21 Welcome Summer!</b> Hamburger with Ketchup on a Bun Corn Vegetable Pasta Salad Peach Shortcake with Whipped Topping (828)
<b>24</b> BBQ Pork Ribette on a Bun Cheesy Mashed Potatoes Seasoned Spinach with Mushrooms Glazed Lemon Cake (1009)	<b>25</b> Beef Stew Brussels Sprouts Biscuit Strawberry Bavarian (560)	<b>26</b>	<b>27</b> Roasted Turkey Breast with Gravy & Cranberry Sauce Mashed Potatoes Peas & Carrots Breakaway Roll Gelatin (603)	<b>28</b> Breaded Fish with Tartar Sauce on a Whole Wheat Bun Macaroni & Cheese Italian Green Beans Mandarin Oranges (826)