



Erie County Stay Fit Dining Program

December 2023 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
27 Swedish Meatballs over Rotini Pasta Brussels Sprouts Grape Juice Fruit Cocktail (640) 	28 Breaded Chicken Breast with Buffalo-Style Sauce on a Bun Fiesta Corn Broccoli Florets Butterscotch Pudding (775) 		30 Chili con Carne with Cheddar Carrots Fruit Punch <i>Chef Salad with Dressing</i> Cornbread Fresh Apple <i>Chocolate Milk</i> (928) 	1 Roast Pork with Warm Cinnamon Apples Lazy Pierogi Peas with Red Pepper Wheat Bread Chocolate Mousse (686) 
4 Turkey Ala King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (747) 	5 Sliced Ham with Maple Glaze Scalloped Potatoes Brussels Sprouts Rye Bread Lemon Cake with Frosting (767)	6 Entrée Salad Beef Taco Salad with Shredded Cheddar, Corn & Bean Salsa, Tortilla Strips & Tomato Salsa Tropical Fruit <i>Chocolate Milk</i> (748) 	7 Breaded Chicken Breast with Tomato Sauce & Mozzarella over Pasta Broccoli Florets <i>Chef Salad with Dressing</i> Baked Pear Crisp (784) 	8 Roast Beef with Onion Gravy & Horseradish on a Whole Wheat Roll Cheddar Mashed Potatoes Lima Bean Bake Fruited Gelatin (901) 
11 Italian Sausage with Peppers, Onions & Tomato Sauce on a Bun Roasted Red Potatoes Mixed Vegetables Pineapple (598) 	12 Vegetable Lasagna with Cream Sauce Green Beans Cauliflower Dinner Roll Frosted Marble Cake (816) 	13	14 Christmas Meal Broccoli-stuffed Chicken with Herb Cream Sauce Vegetable Rice Pilaf Peas with Red Pepper Dinner Roll <i>Chef Salad with Dressing</i> Strawberry Cheesecake (1044)  	15   <h3>FOOD TRUCK</h3>
18 Pork Ribette with BBQ Sauce on a Bun Cheesy Mashed Potatoes Seasoned Mixed Greens Glazed Lemon Cake (954) 	19 <h2>CHRISTMAS PARTY</h2>	20	21 Welcome Winter Roasted Turkey with Stuffing & Gravy Peas & Carrots Mashed Potatoes with Chives <i>Molded Cranberry Salad</i> Apple Pie with Whipped Topping (603) 	22 Beer-battered Fish with Tartar Sauce & Whole Wheat Bun Macaroni & Cheese Green Beans Mandarin Oranges (723)  
25 No Meals Served    	26 <h2>CLOSED</h2>	27 Beef Cubes with Gravy Sweet Potatoes Savory Cabbage Rye Bread Frosted Cherry Cake (777) 	28 Polish Sausage with Sauerkraut & Ketchup on a Bun Ranch Mashed Potatoes Lima Bean Bake Mandarin Oranges <i>Chocolate Milk</i> (772) 	29 New Year's Meal Breaded Chicken Drumsticks Scalloped Potatoes California Blend Vegetables <i>Chef Salad with Tomatoes & Dressing</i> Wheat Dinner Roll Chocolate Cream Pie (1119)  