

Concord Senior Center Week September 3-7

Monday September 3-CLOSED-LABOR DAY

Tuesday 4- 9:30-Yoga

10:00-Knitting & Crochet Group

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

Wednesday 5-10:00-WOW craft group

Thursday 6-9:30-Stitches Quilt Group

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

12:30-Euchre Card Group

12:30-Rep from Erie County here to talk about The Aging Mastery Program-starting Sept 24@1pm

1:00-Rep from Clarity Insurance Group here to do a Meet & Greet

Friday 7-11:00-Stay Fit Exercises

12:00-12:00-Stay Fit Lunch

Senior Yoga is now here every Tuesday @ 9:30-cost FREE-Movie Day is starting up again-On Thursday Sept 13 @1pm-come in for free movie & popcorn Come in this Thursday Sept 6 @ 12:30 & meet Jordon from Erie County Senior Services who will explain all about our new program-Aging Mastery-learn lots of information from local Medical professionals-plus get a snack provided by Erie County-plus earn points for gift cards-then have a great party at the end with your local Erie County Senior Reps here-AARP Driving classes are back-Friday Sept 21-so sign up to get some money taken off your car insurance.-Sign Language will be starting Tuesday Sept25 @ 1pm- sign up if this is something you always wanted to do-Had our first annual Concord Senior Picnic last Thursday-thank you to all that came,we had a great time-all 72 of us-lots more things coming this fall-questions-592-2764-email-concord2017sc@gmail.com