

Concord Senior Center-Week May 7-11

Monday 7-10:00-Craft w/ Caroline-Paint a flower pot & a lady bug rock cost \$2

11:00-Stay Fit exercises

12:00-Stay Fit Lunch

3:00-Caregivers Support Group

Tuesday 8-9:00-Home Bureau

9:30-Yoga

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch-Entrée Lunch Salad

1:45-Womans Club

Wednesday 9-10:30-Fit over 50 Drumming exercise cass

12:00-Mothers Day Lunch

1:30-Senior Club Meeting

Thursday 10-9:30-Stitches Quilting Group

11:00-Stay Fit exercises

12:00-Stay Fit lunch

12:30-euchre Card group

Friday 11-11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

1:00-Scene University Express Lecture

Questions-592-2764-Email-concord2017sc@gmail.com