

CONCORD SENIOR CENTER WEEK OF JANUARY 8-12

Monday 8-10:30-Garden Club

11:00 Stay Fit exercises

12:00-Stay Fit Lunch

Tuesday 9:00-Home Bureau

9:30-Yoga –

10:00-Open Needle

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

1:45-Womans Club

Wednesday 10-10:30 -Exercise w/Kim

1:30-SENIOR CLUB MEETING

Thursday-11:00-Stay Fit Exercise

12:00-Stay Fit Lunch

1:00-Euchre

Friday 12-12:00-MLK SPECIAL LUNCH

WELCOME TO THE NEW YEAR-STOP IN AND VISIT -HEAP & SNAP REPS. WILL BE HERE JANUARY 23-SO IF YOU NEED TO SIGN UP OR HAVE QUESTIONS STOP IN-OPEN NEEDLE STARTS TUESDAY 10 @ 10 -NEED A CUP OF COFFEE-STOP IN & VISIT -YOU MIGHT EVEN GET A COOKIE TO GO WITH YOUR COFFEE-QUESTIONS OR IDEAS -592-2764-EMAIL concord2017sc@gmail.com