

CONCORD SENIOR CENTER -WEEK JANUARY 15-19

Monday 15-MLK Day -CLOSED

Tuesday 16-9:30-Yoga

10:00-Open Needle

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

Wednesday 17-10:00-WOW Craft Group

1:00-7:00-BLOOD MOBILE-GET A FREE \$5 TIM HURTONS CARD W/VISIT TODAY

Thursday 18-10:00-UNIVERIA REP. HERE

11:00-Stay Fit Exercise

12:00-Stay Fit Lunch

1:00-Euchre

6:00-CONCORD TOWN MEETING

Friday 19- 12:00-Stay Fit Lunch

COME IN FOR A GOOD HOT LUNCH-ONLY \$3 DONATION -IF YOU LIKE TO DO ANYTHING WITH SEWING OR NEEDLES-JOIN OUR OPEN NEEDLE GROUP & VISIT WILL YOU WORK-ON MONDAY JANUARY 22-DO A STAMPED VALENTINE TABLE TOPPER-FOR ONLY \$5-SEE A SAMPLE @ THE CENTER-HEAP & SNAP REP HER ON TUESDAY JAN 23-STAY TUNED FOR A NEW EXERCISE CLASS STARTING HERE-THE FIRST OF ITS KIND IN THE AREA-FUN FOR ALL-IF YOUR BIRTHDAY WAS IN DECEMBER-STOP IN ON MONDAY JAN 23 FOR FREE CAKE & ICE CREAM-IF IT IS JANUARY STOP IN ON THURSDAY 25-LECTURE ON HOW TO PREVENT FALLS & KEEP YOUR BALANCE HERE ON JAN 30 --COMING SOON - OUR NEW RESOURCE CENTER IN PARTENER WITH SCENE-COFFEE POT IS ALWAYS ON -IDEAS-QUESTION-592-2764-email-concord2017sc@gmail.com-