

Concord Senior Center Week February 18-22

Monday 18-CLOSED PRESIDENTS DAY

Tuesday 19-9:30-Yoga

10:00-Knit & Crochet

11:00- Stay Fit Exercises

12:00-Say Fit lunch

Wednesday 20-10:00-WOW Craft Group

12:00-Presidents Day Lunch

1:00-Red Cross Blood Mobile

Thursday 21-9:00-3:00-AARP Income Tax Service

9:30-Stitches Quilt group

11:00-Stay Fit Exercises

1200-Stay Fit Lunch

12:30-Euchre Card Group

Friday-9:30-Painting w/Caroline

11:00-Stay Fit Exercises

12:00-Staybfit Lunch

Concerned about your heart-stop in on Tuesday Feb 26 @ 1pm to learn or ask questions-presented by BCH-Thursday Feb 8-stop in & donate your blood & help save a life-Unyts will be here to help you—AARP Smart Driving Class coming in March-contact 592-4946 for further information-Need to learn to relax-stop in for our Yoga Class-every Tuesday @ 9:30-FREE-Want to learn or crochet-work at your own pace-on your products of your choice-.Something you would like to see or join at the center-contact Eleanor @ 592-2764 or email-concord2017sc@gmail.com