

Concord Senior Center -Week April 23-27

Monday 23-8:30- 4:00-AARP Driving Class

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

Tuesday 24-9:00-Home Bureau

9:30-Yoga

11:00-Stayfit Exercises

12:00-Stay Fit Lunch

1:00-Sign Language Class

Wednesday 25-Fit over 50 Drumming Exercise class

12:30-Senior Club Pot Luck Lunch

Thursday-9:30-Stitches quilting class

10:00-United Health Rep. here

11:00-Stay Fit exercises

12:00-Stay Fit Lunch

12:30-Euchre

6:00-Medicare & Medicaid Lecture

Friday 27-Stay Lit Lunch

1:00-Scene University Express Lecture

Spring is coming -we hope-so lots going on -If you like to walk-come & join Route 66 again -We made it all the way & started back -let's make it all the way home this time-May is older Americans Month -so plan on being at the center on May 30 for Engage at any age- a fun filled day with vendors,entertainment,food & much more in partnership with Scene & Healthy Community Alliance -If you are on Medicare or Medicaid or going to join soon -Stop in on Thursday 26th @ 5:30pm & learn all about them or ask any question you have about them-stop in on Fridays during April & June for Scene University Express Lectures-Scene Garden Club will be having a plant exchange-so bring some or take some-date TBA-Always remember to stop in for our Stay Fit Lunch -Mon,Tues,Thurs,Fri -questions-592-2764-Email-concord2017sc@gmail.com