

Concord Senior Center Week January 14-18

Monday 14- 10:30-Concord Garden Club

11-Stay Fit Exercises

12:00-Stay Fit Lunch

12:00-Garden Craft

1:00-Mind/Body Connection-presented by Blue Cross-Blue Shield

3:00-Caregivers Support Group

Tuesday 15-9:30-Yoga

10-Knit & Crochet

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

Wednesday 16-10:00-WOW Craft Group

1:00-Red Cross Blood Mobile here

Thursday 17-9:30-Stitches Quilt Group

11:00-Stay Fit Exercises

12:00-Stay fit Lunch

12:30-Euchre Card Club

Friday 18-11:00-Stay Fit Exercises

12:00-Martin Luther King Lunch

We will be closed Monday January 21 for Martin Luther King Day-we are pleased to welcome The Concord Garden Club to our family of groups & clubs. On Wednesday January 23 we will be having the Winterization Agent here-So if you need help with your house to make it more winter comfortable. Stop in-You can call anytime to ask for income guidelines-We are starting to accept appointments for FREE Income Tax service -presented by AARP-Starting January 31 & continuing every Thursday for the next 10 weeks-Questions on how your mind connects with your body-stop in on Monday January 14 @ 1pm to learn how-presented by Blue Cross/Blue Shield-Our new generator will be up & running in a few days-Looking for a few good people that would like to be part of a group regarding it-questions-592-2764-email-concord2017sc@gmail.com