

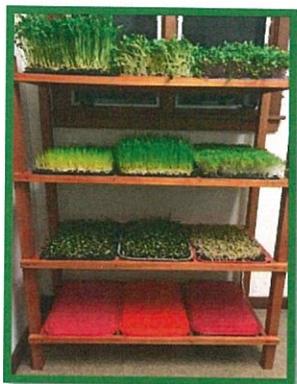
# ***Sprouting 101***

**Monday, October 16<sup>th</sup>**

**@ 2:00 pm**

***Christine Henderson of Mystic Sprouts will discuss the health benefits and different ways sprouting can be done all year long.***

***Whether a pro or just learning, this class is for all skill levels. Everyone attending will receive free seeds and recipes to begin the fun!***



**Registration is required.**

**Hulbert Library**

**18 Chapel St.      592-7742**



*Funding for this program is provided through  
Legislator John Mills' 2017 Hot Dog Roast proceeds.*