








Erie County Stay Fit Dining Program
STANDARD
 May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
30 Beef Pepper Steak over Rice Green Beans with Red Pepper Carrots Fruit Delight Cookie (653)	1 Chef Side Salad Stuffed Shells with Tomato Sauce Seasoned Spinach Chef Salad with Dressing Pineapple Tidbits (988)	2	3 Hot Roast Beef Sandwich with Gravy Garlic Mashed Potatoes Stewed Tomatoes Sugar Cookies (813)	4 Ham & Cheese Strata with White Cheese Sauce Scalloped Apples & Cranberries Broccoli Ambrosia (947)
7 Beef Macaroni Casserole with Cheddar Cheese Cauliflower Fiesta Corn Diced Peaches(754)	8 ENTREE SALAD Tuna Macaroni Salad with Cherry Tomatoes on a Bed of Lettuce w/ Classique Dressing Diced Pears (1002) 	9  Chicken Cordon Bleu w/ Herbed Cream Sc Orange Glazed Carrots Brussels Sprouts Cheese Cake (752)	10 Sliced Roast Pork w/Mushroom Gravy Rice Pilaf Harvard Beets Orange (667)	11 Chef Side Salad Homemade Stuffed Pepper w/ Savory Sauce Mashed Potato Chef Salad w/Dressing Fruited Gelatin (941)
14 Hamburger on a Bun w/Gravy Mashed Potato Broccoli Apple (767)	15 Boneless Chicken Breast w/Gravy Seasoned Mashed Squash Green Beans w/Red Pepper Oatmeal Raisin Cookies (722)	16	17 Sweet and Sour Chicken over Rice Seasoned Spinach Wax Beans Diced Peaches (602)	18 Cabbage Roll with Savory Meat Sauce Mashed Potato Green Peas Tapioca Pudding(771)
21 Pork Ribbette w/ BBQ Sauce on a Roll Mashed Potato w/ Chives Zucchini & Summer Squash Orange (702)	22 Beef Stew with a Biscuit Green Beans Tropical Fruit Cup (604)	23	24 Meatloaf with Gravy AuGratin Potatoes Seasoned Spinach Orange Gelatin w/ Pineapple (715)	25 MEMORIAL DAY MEAL Sahlen's Hot Dog w/ Bkd Beans Carrots Potato Salad White Cake w/Strawberries and Whipped Topping (887) 
28 	29 Meatballs with German Sauce over Cavatappi California Blend Vegetable Oatmeal Cookies (884)	30	31 ENTRÉE SALAD Chicken Salad with Cranberries on Lettuce Greens & Classique Dressing Orange (792) 	1 Homemade Stuffed Pepper with Savory Sauce Mashed Potato Peas & Carrots Cherry Gelatin w/Pears (784)