

Concord Senior Center Week March 11-15

Monday 11-10:30 -Garden Club

11:00-stay Fit Exercises

12:00-Stay Fit Lunch

12:00-Garden Club Craft -Making Pebble Art

Tuesday 12-9-Home Bureau

9:15-Yoga

10:00-United Health Care Rep here

11:00-Blue Cross Health Care Rep here

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

1:45-Womans Club

Wednesday 13-11:00-1:00- Independent Health Care Rep here

1:30- Senior Club Meeting

Thursday 14-9:30-2:30- AARP Income Taxes

9:30-Stitches Quilt Club

11:00-Stay Fit Exercises

12:00-St Paddy's Day Lunch

12:30- St Paddy's Day Party-Must Preregister

12:30-Euchre Card Club

Friday 15-9:30- Paint w/Caroline

11:00-Stay Fit Exercise

12:00- Stay Fit Lenten Lunch

Spring is just around the corner-So start thinking of our ideas that you would like to see here- Stop in to our Garden Club meeting & start getting ideas for you spring garden-Our generator is now up & running -if electric goes out, we will become a warming or cooling center-so stay tuned for further information-looking for volunteers to help. Great news I am sure you all know of our own famous Springville Jazz Orchestra -They will be practicing here & will have open practices when you can stop in & listen to their great music-So stay tuned for further info on

that-BCH is having a Narcan Training on March 20 @6pm -have to register for free Narcan Kit-
Everyone should have one on hand-AARP Defensive Driving Class here Tuesday March 19-
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