

Concord Senior Center June 25-29

Monday 25-10:00-Paint w/Caroline-Glass & PLATE-cost \$5

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

2:45-Boys & Girls Club -working in garden

Tuesday 26-11:00-Stay Fit Exercises

12:00- Stay Fit lunch-Entrée salad for lunch

1:00-Seminar-Questions & Answers About What Senior Services Are Out There

Wednesday -11:00-Fiedials Rep Here

Week 5 Route 66 steps in

12:00-Senior Club Pot Luck-Free Hot Dogs provided by the Nutrition Site & Senior Center

Thursday-9:30-Stitches Quilt Group

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

12:30-Euchre Card Group

Friday 29-11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

2:00-6:00-UNYTS Blood Drive

If you ever had or need to know about any Senior Services that are available -stop in on Tuesday June 26 @ 1:00 for questions or answers-Stop over & see our vegetable garden-work done by the Springville Boys & Girls Club-with their mentor David Stahley-If you are too warm-remember we have cool air & cold drinks or hot coffee-Come in & get a good book to read-Stop in for lunch & great company -Reservations required-call 592-2741- Back again Farmers Market Coupon books-Tuesday July 17-Stayed tuned for further information-questions -592-2764-email-concord2017sc@gmail.com