






# Erie County Stay Fit Dining Program

STANDARD MENU

## JANUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>NO MEALS SERVED</b>	<b>2</b> Sloppy Joe on a Wheat Bun Fiesta Corn Green Beans Pineapple Tidbits (738)	<b>3</b>	<b>4</b> Chicken Leg w/ BBQ Sauce Mashed Potato Peas Dinner Roll Tapioca Pudding (791)	<b>5</b> Steakhouse Burger w/Gravy on a Hamburger Bun Baked Beans Carrots Fruited Gelatin (964)
<b>8</b> Beef Macaroni Casserole w/ Cheddar Cheese Cauliflower Fiesta Corn Dinner Roll Pineapple Tidbits (757)	<b>9</b> Breaded Chicken Breast w/Scaloppini Sc Msh Sweet Potato Green Beans w/Red Pepper Wheat Dinner Roll Peach and Pear Cup (782)	<b>10</b>	<b>11</b> Hamburger w/Mushroom Gravy on a Bun Oven Br Potato Seasoned Mashed Squash Chocolate Pudding (931)	<b>12 MLK Jr Celebration</b> Breaded Boneless Pork Chop w/Gravy Mashed Potato Seasoned Spinach Cornbread Banana Cream Pie (1148)
<b>15</b>  <b>NO MEALS SERVED</b>	<b>16</b> Penne Pasta w/Meatballs and Tomato Meat Sauce Peas Grape Juice Chocolate Chip Cookies (1093)	<b>17</b>	<b>18</b> Meatloaf w/Onion Gravy Mashed Potato Mixed Vegetable Wheat Bread Rice Pudding w/ Raisins (811)	<b>19 ENTRÉE SALAD</b> Julienne Salad with Classique Dressing Dinner Roll Orange(794) 
<b>22</b> Boneless Chicken Breast w/ Gravy Cheesy Mashed Potato Peas Dinner Roll Butterscotch Pudding (657)	<b>23</b> Br Veal Patty w/ Italian Tomato Sc and Mozz Cheese over Penne Pasta Apple Juice Seasoned Spinach Carnival Sugar Cookies (972)	<b>24</b>	<b>25 SIDE SALAD</b> Hot Dog w/ Chili Sc on a Bun Potato Salad California Blend Vegetable Pineapple Tidbits (854)	<b>26</b> Breaded Boneless Pork Chop w/Gravy Msh Sweet Potato Broccoli Wheat Dinner Roll Apple (820)
<b>29</b> Swedish Meatballs over Cavatapi Brussels Sprouts Corn Chocolate Pudding (785)	<b>30 ENTRÉE SALAD</b> Caesar Salad w/ Breaded Chicken Breast, Caesar Dressing, Parmesan Cheese and Croutons Dinner Roll Tropical Fruit (979) 	<b>31</b>	<b>1</b> Sliced Turkey Breast w/ Gravy over Dressing Sour Cream & Chive Mashed Potato Peas Strawberry Bavarian (741)	<b>2 Ground Hog Day</b> Steakhouse Burger w/Gravy on a Bun Baked Beans Carrots Orange  <b>CHOCOLATE MILK (992)</b>