

# Health and Wellness Events



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**BlueCross BlueShield  
of Western New York**

**LIVE  
FEARLESS**

**Concord Senior Center  
40 Commerce Dr., Springville  
Monday, November 20 at 1:00 pm**

## **Living with Arthritis**

If you are among the 1 in 5 adults affected by arthritis, join us as we discuss the causes of arthritis as well as medical and natural treatment options.

This event is only for educational purposes and no plan-specific benefits or details will be shared. BlueCross BlueShield of Western New York is a Medicare Advantage plan with a Medicare contract and enrollment depends on contract renewal.

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