

# Erie County Stay Fit Dining Program

Standard Menu

## December 2017 Revised

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Ham & Cheese Strata w/ White Cheese Sauce Scalloped Apples and Cranberries Broccoli Wheat Dinner Roll Tapioca Pudding 949
<b>4</b> Cheddar Beef Macaroni Casserole Cauliflower Fiesta Corn Dinner Roll Diced Peaches 754	<b>5</b> Breaded Veal Patty w/ Gravy Mashed Potatoes California Blend Vegetables Dinner Roll Apple Oatmeal Bar	<b>6 Chicken Drumsticks</b> Breaded Chicken Drumsticks Seasoned Mashed Squash Broccoli Wheat Bread Fresh Orange	<b>7</b> Sliced Roast Pork w/ Mushroom Gravy German Potato Salad Brussels Sprouts Wheat Dinner Roll Brownie w/ Chocolate Frost. 864	<b>8</b> Homemade Stuffed Pepper w/ Savory Sauce AuGratin Diced Potatoes Green Peas Italian Bread Fruited Gelatin 858
<b>11</b> Turkey Burger w/ Gravy Carrots Broccoli Cheese Rice Casserole Wheat Hamburger Roll Pineapple Tidbits 801	<b>12</b> Knockwurst w/ Sauerkraut Mashed Potatoes Green Beans w/ Red Pepper Hot Dog Roll Chocolate Pudding 746	<b>13 Soup &amp; Sandwich</b> Sloppy Joe Orange Pineapple Juice Minestrone Soup Hamburger Roll Baked Apple Crisp 908	<b>14</b> Sweet and Sour Chicken Seasoned Spinach Wax Beans White Rice Oatmeal Raisin Cookies 777	<b>15</b> Beef & Rice Patty w/ Savory Sauce Mashed Potatoes Cabbage/ Savory Sauce Breakaway Roll Peaches 729
<b>18 Side Salad</b> Pork Ribbette w/ BBQ Sauce Potato Salad Italian Green Beans Hot Dog Roll Butterscotch Pudding 820	<b>19</b> Beef Macaroni Casserole Green Peas Sliced Carrots Wheat Dinner Roll Fresh Orange 778	<b>20 Christmas Dinner</b> Chicken Cordon Bleu w/ Cheese Sauce Over White Rice Brussels Sprouts, Dinner Roll Baked Apples w/ Cran & Cinn Chocolate Cream Pie 1125	<b>21</b> Meatloaf w/ Gravy Scalloped Potatoes Broccoli Rye Bread Frosted Banana Cake 876	<b>22 Side Salad</b> Breaded Fish w/ Tarter Sauce Seasoned Spinach Creamy Coleslaw Macaroni & Cheese Strawberry Oatmeal Bar 1047
<b>25</b> <i>Merry Christmas from the Stay Fit Dining Program</i>	<b>26</b> Breaded Chicken w/ Cacciatore Sauce over Penne Pasta Seasoned Mashed Squash Green Peas Rice Crispy Square 771	<b>27</b> Meatballs w/ German Sauce over Cavatappi California Blend Vegetables Grape Juice Oatmeal Raisin Cookies 884	<b>28</b> Cheese Omelet w/ Cheese Sauce Seasoned Home Fries Seasoned Spinach w/ Mushrooms Wheat Dinner Roll Fresh Orange 814	<b>29 New Year's Dinner</b> Breaded Bone-In Pork Chop w/ Gravy & Cranberry Sauce Green Bean Casserole Cauliflower Bread Stuffing Coconut Cream Pie 1197