






Erie County Stay Fit Dining Program

STANDARD MENU

APRIL 2018



Monday	Tuesday	Wednesday	Thursday	Friday
2 DYNGUS DAY	3		5	6
Cabbage Roll with Savory Sauce Mashed Potatoes Carrots Ice Cream (723) 	Breaded Chicken Breast with Mushroom Gravy Butternut Squash Green Beans w/ Red Pepper Diced Pears (680)		Breaded Boneless Pork Chop with Gravy Scalloped Potatoes Cottage Mixed Vegetables Ambrosia (903)	Hamburger with Onion Gravy Oven Browned Potatoes with Peppers & Onions Seasoned Spinach Gelatin with Fruit (876)
9	10	11	12	13
BBQ Pulled Pork Seasoned Home Fries Romano Vegetable Blend Fresh Orange  Chocolate Milk (854)	Chef Side Salad Penne Pasta with Meatballs and Tomato Sauce Peas Chef Salad with Dressing Tropical Fruit (902)		Meatloaf with Onion Gravy Mashed Potatoes Fiesta Corn Orange Pineapple Velvet (937)	Breaded Fish with Tartar Sauce Broccoli Cheese Rice Casserole Carrots Apple Juice Frosted Brownie (869)
16	17	18	19	20
Boneless Chicken Breast with Gravy Cheesy Mashed Potatoes Peas Butterscotch Pudding (657)	Veal Parmesan with Tomato Sauce over Penne Pasta Apple Juice Seasoned Spinach Carnival Sugar Cookies (972)		Hot Dog with Chili Sauce Macaroni & Cheese California Blend Vegetables Pineapple Tidbits (860)	Breaded Boneless Pork Chop with Gravy Mashed Lyonnaise Potatoes Broccoli Fresh Banana (696)
23	24		26	27 ENTREE SALAD
Swedish Meatballs over Cavatappi Pasta Brussels Sprouts Corn Chocolate Pudding (785)	Breaded Chicken Breast with Gravy Mashed Sweet Potatoes Green Beans Tropical Fruit (756)		Turkey with Stuffing & Gravy Sour Cream & Chive Mashed Potatoes Carrots Lemon Cake with Frosting (808)	 Julienne Salad with Dressing Wheat Dinner Roll Fresh Orange (795)
30	1	2	3	4
Beef Pepper Steak over Rice Green Beans with Red Pepper Carrots Fruit Delight Cookie (653)	Chef Side Salad Stuffed Shells with Tomato Sauce Seasoned Spinach Chef Salad with Dressing Pineapple Tidbits (988)		Hot Roast Beef Sandwich on a Bun with Gravy Garlic Mashed Potatoes Stewed Tomatoes Sugar Cookies (813)	Ham & Cheese Strata with White Cheese Sauce Scalloped Apples & Cranberries Broccoli Ambrosia (947)