



# Erie County Stay Fit Dining Program

## Standard Menu

### April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 April Fools Day!</b> Omelet with Peppers Onions, Tomatoes & Cheese Sauce Hash Brown Potato Raisin Bread Strawberry Shortcake with Whipped Topping (829)	<b>2 ENTREE SALAD</b> Grilled Chicken Caesar Salad with Caesar Dressing Dinner Roll Snickerdoodle Cookies (1005) 	3	<b>4</b> Bratwurst with Baked Beans and Mustard on a Hoagy Roll Mixed Vegetables Roasted Potatoes Mandarin Oranges (802)	<b>5 Side Salad</b> Cheese Ravioli with Tomato Meatsauce Chef Salad with Dressing Seasoned Summer Squash with Red Peppers Italian Bread Peaches (756)
<b>8</b> Boneless Chicken Breast with Marsala Sauce Cauliflower Mixed Vegetables Dinner Roll Oatmeal Raisin Cookies (674)	<b>9 Side Salad</b> Tortellini with Tomato Meatsauce Chef Salad with Dressing Italian Mixed Vegetables Italian Bread Fresh Orange <i>Chocolate Milk</i> (746) 	<b>10</b>  <h2 style="text-align: center;">592-2764 reservation</h2>	<b>11</b> Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Breakaway Roll Lorna Doones (863)	<b>12 ENTREE SALAD</b> Tuna Macaroni Salad on a Bed of Lettuce with Tomatoes Club Crackers Fruit Cocktail (668) 
<b>15</b> Penne Pasta with Meatballs, Spaghetti Sauce & Mozzarella Cheese Country Cottage Mixed Vegetables Peas Lorna Doones (823)	<b>16</b> Beef Pepper Steak Casserole over Rice Seasoned Spinach Pineapple Juice Strawberry Bavarian (641) 	17	<b>18 EASTER MEAL</b> Breaded Pork Loin with Cranberry Chutney Sweet Potatoes Green Beans Whole Wheat Bread Cinnamon Applesauce (656)	<b>19 No Meals Served</b>  
<b>22 Dyngus Day</b> Cabbage Roll with Savory Meatsauce Mashed Potatoes Corn Deli Rye Bread Strawberry Ice Cream (816) 	<b>23</b> Panko Breaded Chicken Thigh Cheddar Mashed Potatoes Lima Bean Bake Multigrain Bread Tropical Fruit (791)	18	<b>25</b> Chicken Pasta Primavera Italian Vegetables Dinner Roll Ambrosia (748)	<b>26</b> Ham Steak with Maple Glaze Cheesy Scalloped Potatoes Brussels Sprouts Cornbread Pear Crisp (914)
<b>29</b> Chicken Vegetable Casserole with a Biscuit Brussels Sprouts Fresh Banana (721)	<b>30</b> Hot Dog with Ketchup on a Bun Fresh Roasted Red Potatoes Seasoned Spinach Pineapple <i>Chocolate Milk</i> (799)	1	<b>2 Side Salad</b> Lasagna Roll with Meatsauce California Mixed Vegetables Chef Salad with Dressing Dinner Roll Lemon Bavarian (751)	<b>3</b> Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pear Onions Wheat Bread Brownie (849)